



**St. Catharine Preschool**  
Faith Filled Learning!

### **Instead of Discipline Use Guidance**

*Guidance* is about building an encouraging setting for every person in the group. It means helping young children understand they can learn from their mistakes, and it starts with showing them how. To give this help successfully, we need to build relationships with every child—especially with the children we find difficult to connect with and understand. We build these relationships from day one, outside of conflict situations. It is only when children know and trust us in day-to-day interactions that they will listen to us when conflicts happen (after we have helped everyone calm down). (Excerpted from NAEYC)

At St. Catharine Preschool we also use redirection to help children to choose a better behavior. All children are treated with love and respect and many behaviors preschool teachers observe are typical development stages and with the right support, encouragement, and connections with their peers and adults they grow into having healthy relationships with others.

Further information can be found at:

<https://www.naeyc.org/resources/pubs/tyc/summer2021/discipline-guidance>